

Kāti Huirapa Rūnaka ki Puketeraki



June 2012

PANUI

Hune 2012



In this edition: Secondary Schools Science Wānanga, Media Projects, Hauteruruku Waka Club, Takahe Welcome, John Broughton, Health News, Message from the Retirement Commissioner.

NEWS AND EVENTS

HAUTERURUKU KI PUKETERAKI INC. WAKA CLUB

Kia ora whānau , here is an update on what's been happening over the last few months with waka.

Hauteruruku ki Puketeraki Inc. ran the Tangata Moana hui in March. Fifty people of all ages attended the two day hui at our marae. On water activities included paddling waka ama, paddling and sailing the waka unua and stand-up paddle boarding. Off water we heard Toko Vakatini speak on his history and experience of waka, Victoria Bryant demonstrated paddling technique and Geoff Ockwell talked on water safety and hypothermia. Thanks also to other members of the Dunedin 'Fire in Ice' waka club, Viv and Katja who helped with steering and coaching. Some of us also managed to tangle ourselves in knots trying to learn some nautical techniques.

The hui culminated with a race on the Waikouaiti river among three six-person waka. It was an awesome sight to witness and highlighted the competitive streaks in our rangitahi!



Looking ahead we are planning a small workshop on hoe making as a follow-up to this hui.

A film crew arrived in Karitane to capture the story and spirit of Hauteruruku and the East Otago Taiapure. The footage will be used in the E.O. segment when the next series of 'Coasters' airs on TVNZ7.

Other activities Hauteruruku has been involved in are supporting Karitane school with their school kayak day, where some of the juniors got a taste of sailing and paddling the waka. Also supporting the Kati Huirapa tamariki programme during the last school holidays.

A whānau hui held at the marae over Easter saw many of the whānau aboard Hauteruruku – as a first time paddler, our 72 year-old Aunty Bev was a natural!

Last month our runaka hosted year 10 and 11 Māori science students and we were again happy to support this kaupapa by having the waka available for the students and tutors, perfect for the topics of marine environments and health and well being.

On a more competitive note some of our whānau have been training hard towards three South Island regattas. After the Lake Rotoiti event we competed in a 15 km race at Caroline Bay. Exciting for its beach start, 3 m open water swells and a nail biting photo finish. Equally challenging was the 10 and 12 km races on Otago harbour at QEII birthday weekend. Run by the 'Fire in Ice' club the Ice Breaker regatta was true to its name with a zero degree wind chill factor. Seven of our Huirapa members competed in multiple races with other whānau volunteering behind the scenes and as enthusiastic supporters.

When not being used in regatta, the University of Otago PE school are allowing us to house a 6-person waka here at Karitane along with their 4-person surf waka. Underway are plans towards proper storage facilities to help look after this equipment.

Recently we applied for and successfully received a HEHA grant. This funding now ceases to exist so we are very lucky that they wanted to continue to further our kaupapa. We now have four SUP (stand up paddle boards) and paddles and are purchasing a trailer for waka transportation.

I am in the process of setting up membership forms so if you would like to become a member of the club please email me.

Mauri ora

- Suzi Flack, club secretary.
- paradisesouth@xtra.co.nz

NEWS FROM THE MARAE

Secondary School Science Wānanga, 1 – 3 May 2012

This May there was a science wānanga at Puketeraki marae, run by the University of Otago, for year 10 & 11 Māori students. After the powhiri we started off by playing name games to get to know each other.



Waka ama with Greg Kerr at the helm.

The wānanga went for three days and two nights. During that time half of us did waka ama, paddle boarding and played Ki-o-rahi and the other half did marine science activities like counting tūaki and looking at different types of seaweed. When we got back to the marae, we all played Poi Toa.

The next day the two halves switched activities so we all got a chance to do everything. The food was amazing. The highlight of the wānanga for me was playing the Māori games and learning about health and well being. A challenging part of the wānanga was going to it and not knowing if I would know anyone, but everyone made lots of new friends and we all want to do it again.

• Na Savannah Flack



Students sorting the cockles (*Austrovenus stutchburyi*).

Tamariki Holiday Programme, 17 – 19 April 2012

Once again, we were delighted to host the Tamariki School Holiday programme at Puketeraki Marae. Three days of fine calm weather provided a pleasurable experience for everyone involved. I attended for the first time with my 5 year-old son, and I was utterly impressed with the organisation



Tamariki and helpers enjoy the sunshine at Puketeraki Marae, Tamariki Holiday Programme, May 2012

and caring attitude of the organisers to our tamariki's welfare.

The highlight of the programme was a bus trip to Timaru to visit the Ngāi Tahu Māori Rock Art Centre.

The day was slightly marred by the fact that we had two breakdowns on the way up there, subsequently arriving 2 hours late. However, the staff at the Centre were unphased and managed to cater for two holiday programme groups instead of one.

We arrived back at Puketeraki at 7.30 pm to a hearty meal put together by a group of volunteers who came to our rescue. Thank you to all who made this hui such a success!

• Na, Justine Marshall

NEWS FROM THE MARAE

Marae Car Park Upgrade Progress Report

More than four years on and we can finally report on the completion of the carpark upgrade at Puketeraki Marae! The retaining wall has been replaced with drainage overhauled and the carpark itself has been flattened and resurfaced.

Many thanks to everyone who made this much needed project possible, especially Joy Smith for

her sterling efforts to raise the money needed. We are grateful also to our funders - Lotteries Environment and Heritage Fund, Ngai Tahu Māori Development Fund, Otago Community Trust, Pūketeraki Ltd and Kāti Huirapa Runaka ki Puketeraki.



SKIP Training at Puketeraki Marae

One hundred and ten parents, children and teachers from Barnardos Otago and Rainbow Preschool in South Dunedin visited Karitane on May 22nd for a day of parent education and experiential learning.

became immersed in a culture of fun learning on a beautiful sunny day.

Waihoi te toipoto kauai te toiroa. let us keep close together, not far apart.

- Na Pat Irvine, Barnardos Otago



SKIP is “Strategies for Kids, Information for Parents”. Marcia Cassidy, facilitator for the Brainwave Trust, explained brain development of babies to mums and dads, while children and grown-ups made waka and heard raragakorero with Kane Holmes. Heidi Hapi’s group – paharakeke – made flowers to take home. All



WHĀNAU NEWS

David Hutchens graduated recently with a BCom from the University of Otago where he proudly wore the Parata korowai. David is the son of Alistair and Jenny Hutchens and grandson of the late Dick and Patricia Hutchens; Patricia the youngest daughter of Canon Hoani (Pat) Parata and his wife Margaret. David is off to work in a large advertising agency in Auckland.



From left: Alistair Hutchens with sons, David and James and their uncle (Alistair's brother), Richard Hutchens

David's younger brother, James, has his own successes. This year he came 3rd in both the NZ Long Jump Under 20s and the Senior Mens at this year's Nationals in Auckland; he hopes to go overseas to further his training.



Ivy Jade Brkovic was born on 11th May 2012 in Sydney, Australia to Ngahina Ross and Chris Brkovic. Ngahina is the daughter of Graeme Ross (Kati Huirapa) and Marge Ross nee Tupaea (Waikato)



Ruita Hera Ritchie (Lou), Bruce Ritchie, Cory Holtz with Bella & Mason Holtz. 4 Generations



David Elijah Ross is starting to make a name for himself as a model. David is Kati Huirapa/ Tainui living in Sydney Australia. Parents are Graeme Ross (Kati Huirapa) and Marge Ross nee Tupaea (Tainui)

HEALTH

From The Public Health Nurse

Oral Health

In the Otago region, the Community Oral Health Service is running first dental visit group sessions. Group sessions are planned for various locations in the Dunedin area, Mosgiel, Palmerston, Oamaru, Central Otago and South Otago. Each group has approximately 8 parents and babies under 1 year.

In these sessions, information on how to best care for babies' teeth is given to the group and the parents have the opportunity to ask questions. The child then has a 'lift the lip' check by a Registered Dental Therapist. Research shows that children who have had their first dental visit by one year of age have better oral health outcomes for life. To contact the Community Oral Health Service, phone 0800 Oral Health 0800 672 543 (this number is free to call from cell phones and landlines).

Influenza

Influenza can be a serious disease with severe effects including hospitalisation, complications and even death. Influenza infection rates are generally highest in children and they are the major cause of the spread of influenza viruses in the community. In 2009, the highest hospitalisation rates occurred in children aged under the age of one followed by children aged 1-4 years. Influenza immunisation is recommended by the Ministry of Health to everyone. The vaccine is FREE to eligible people until 31st July 2012

Eligibility criteria:

- Anyone over the age of 65

- Pregnant women
- Anyone from age 6 months to 65 years with any of these medical conditions :
 - Chronic respiratory disease
 - Asthma (where regular use of a preventer is required),
 - Diabetes,
 - Heart disease,
 - Chronic renal (kidney) disease
 - Other serious medical conditions (such as cancer and diseases that lower the immunity)

For more information contact the local Immunisation Coordinator Ryan McLane (Otago) 034769845 or the website www.fightflu.co.nz

Breastfeeding Hui

Nau mai Tauti mai

On Friday 22nd June at Te Kura Kaupapa Māori a Māori Breastfeeding hui will be held. There will be a main area for discussion around breastfeeding. This is a warm welcome inviting everyone to attend. There will be activities for tamariki of all ages, pampering for the older ones and discussion to promote breastfeeding knowledge within the community. If transport is difficult we can assist. Taua, poua ma is a great opportunity to support and encourage your whānau to breastfeed.

- For further information please phone Ria Brodie on (03) 471 9960.

Diabetes rates soar in New Zealand

The high and growing rates of diabetes in New Zealand were highlighted in medical journal *The Lancet*, forcing politicians to defend their efforts to tackle the disease. The study released in June looked at diabetes rates worldwide and found that of the more wealthy countries New Zealand had one of the highest levels of blood glucose – indicating diabetes.

One in 10 adults worldwide – 347 million

– have diabetes. The number is far bigger than previously thought and has doubled in the past 30 years. New Zealand and the Pacific Islands are among nations with the highest rates in the world. Diabetes experts called on the Government to exercise leadership in the battle against the condition and said New Zealand needed a proper strategy to deal with the diabetes epidemic.

HEALTH

Smoking in Māori and Pacific peoples

In 2009, 21% of New Zealanders aged 15-64 years were current smokers. Smoker's rates were higher for Māori (males 40.2%, females 49.3%) and Pacific peoples (males 32.3%, females 28.5%) in the same age group. This is the primary reason Māori and Pacific people are disproportionately affected by COPD. Encouragingly, survey results show that smoking rates among younger Māori and Pacific peoples may be decreasing. The 2011 ASH smoking survey found that Māori secondary school students had the greatest decline in daily

smoking rates, with a change from 14.1% in 2010 to 10.3% in 2011. Rates among Pacific students reduced from 7.0% to 5.9%.

Aukatī Kaipāipa is a face-to-face smoking cessation service that is accessible in most communities. The programme provides Māori access to NRT, motivational counselling and other activities. A list of providers is available on the Aukatī Kaipāipa website: www.aukatikaipaipa.co.nz.

- Source: Best Practice Magazine, April 2012

Online interventions could help Māori

A recent study, using a telephone survey of all patients with diabetes in an urban area, assessed internet access and literacy in New Zealanders with diabetes. The study, published in the *Journal of Primary Health Care*, found that e-literacy among Māori with diabetes may be higher than previously thought.

Researchers say that health authorities may want to focus on efficient and cost-effective web-based interventions in this high diabetes risk group.

- Source: Health Improvement and Innovation Resource Centre

PUAKA MATARIKI FESTIVAL 2012 16 JUNE – 8 JULY

MATARIKIDUNEDIN.CO.NZ



MEMBER PROFILE

John Renata Broughton

In this publication we profile Professor John R Broughton – ED BSc BDS PhD PGDipComDent DipGrad JP, who is of Ngāti Kahungunu ki Heretaunga and Ngāi Tahu descent. John is a great-grandson of Tame Parata and Peti Hurene; grandson of Clive Evans and Ani Parata; and eldest son of Margaret Evans and Dr Leonard William Broughton. He was named by his four grandparents so that he carries names from both his parents' respective families. John was named after John Lovell, his great-great-grandfather who came to Dunedin from Kent in England in 1853, (Clive's grandfather). He was named Renata after his Ngāti Kahungunu ancestor, Renata Kawepo



John's christening with his parents and older sister, Jane.

of Omaha, near Hastings and the name was conferred upon him by the whānau of Omaha and Kohupatiki at his christening. John was christened into the Anglican Church at 6 weeks of age by the late Canon Wi Huata in the presence of both his grandmothers and all his aunts in an occasion which he is told lasted for three days! His Godmother was his aunt, Peti Evans and his Godfather was the All Black, Charles Sontag. He was dressed in the family christening gown which dates back to the 1860s and wore a pounamu that was left for his mother, Margaret by Tame Parata.

John was recently promoted to full professorship at the University of Otago, where he works in community dentistry. He has a dual appointment in the Department of Preventive and Social Medicine of the Dunedin School of Medicine and the Department of Oral Diagnostic and Surgical Sciences at the Faculty of Dentistry.

He was a commissioned officer in the New Zealand Territorial Force. He enlisted as a private soldier in the Otago University Medical Company (OUMC) and rose through the ranks being promoted to corporal, sergeant, staff sergeant and finally being a commissioned officer. He subsequently served in the University Medical Unit (UMU), 3 Field Ambulance and 3 Medical Battalion. He was awarded the Efficiency Decoration and the New Zealand Defence Services Medal



Professor Broughton has written a number of plays with New Zealand military themes and was awarded the Bruce Mason Playwright's Award in 1990. Many of his plays have toured throughout New Zealand and overseas. "Michael James Manaia" was given a 21st anniversary production at the 2012 Wellington International Festival of the Arts by the Taki Rua Māori Theatre Company which was followed by seasons in Palmerston North and Gisborne. It will open in Melbourne in October and also in Auckland. Watch out when it comes to Dunedin in 2013.

He gave the ANZAC Address for 2012 which was broadcast on Māori Television on ANZAC Day. In that address he spoke of a whanauka on his late mother's Ngai Tahu side, Canon Hoani Parata who served in World War I as chaplain to the Māori Contingent in France. On his return home he gave his grandmother, Ani Parata, youngest daughter of Tame Parata and Peti Hurene, his regulation army issue wooden alter piece that he used on the Western Front for communion services for the troops. Ani kept this by her bedside for the rest of her life and John still has it. Knowing the history of this small wooden cross was another link to the past and a daily reminder of the legacy that our forefathers have left for us.

John was also a co-curator for the exhibition, "Te Ao Māori; Māori treasures from the Otago Museum" which went to the Shanghai Museum in 2011. He was part of the Mana Whenua team from

ENVIRONMENT

Orokonui Ecosanctuary Update Takahe welcome

Quammen and Te Hoiere, two male takahe were officially welcomed into the Ecosanctuary in May. They came from Maud Island in the Marlborough Sounds to become ambassadors for takahe conservation. They spent a week in a special enclosure and now are free to wander the wider Ecosanctuary. Takahe prefer native and exotic grasslands which Orokonui has large areas

of, close to the Visitor Centre.

The Mitre 10 Takahe Rescue Programme is helping bring takahe back from the brink of extinction. The transfer into Orokonui also has the support of the Department of Conservation, Southland iwi, Ngati Kuia and local iwi, Kati Huirapa Runaka ki Puketeraki.

• Na Chris Baillie



John Renata Broughton continued

Ngā Rūnaka which accompanied the exhibition to support both the opening and closing ceremonies. These occasions were a great highlight, and was a very rewarding experience to engage in the coming together of Māori and Chinese cultures.

John was made a Canon of St Paul's Cathedral in Dunedin where his family have had an on going association for 150 years with christenings, confirmations, marriages and funeral services. In this role he is currently spearheading the physical development of the Parata Chapel on behalf of the whānau whanui of Puketeraki.

After the Hui-A-Tau which Puketeraki hosted in 2010, John and his sister Margot who lives in Hastings were accompanied, by Stewart, Margot's husband and Auntie Taini and Uncle Bill Wright, Marama Laurenson and Taini Jamieson of Rotorua to the Otago Museum where they donated the collection of kete that belonged to their grandmother Ani Parata. These exquisite kete are currently on display in a special case within the foyer of the Museum and are definitely worth having a look at.

MEDIA PROJECTS

Stories from Puketeraki Station

New Publication: Final call for input.

Stories from Puketeraki Station explores the social and cultural history of the Puketeraki and Karitane region. It is dedicated to the soldiers and their families, with personal stories of these times being woven throughout a collection of articles, photographs, letters and various other memorabilia.

The title of the book was chosen because the Puketeraki Railway Station was a prominent and familiar landmark and was the main connection between the small rural community of Puketeraki and the outside world. It was a place of welcome and farewell, joy and sadness, hope and disappointment. The station was where people went to meet or send off family, friends, lovers and troops.



We see it only fitting that the railway station holds the stories of times gone by.

We have received an overwhelming response to the book over the past year or two and are now currently putting together the last parts of the book. For those of you who have any further photos, stories, articles or anything else that you wish to incorporate please note that the deadline is 1 July 2012. We are particularly interested in stories and photos of Puketeraki/Karitane veterans, their families and life in this area over those years.

Please contact Rangimarie Mules and David Ellison. email: rangimarie.mules@gmail.com, phone: 027 303 8767

Rūnaka newspaper archiving project

I have been working on the beginnings of a project that brings together an archive of local news and views spanning approximately a century. In doing this we hope to make accessible to our members a 'combined story' of the changes that have occurred in the last one hundred years here in Karitane, culturally, economically and environmentally.

It's very exciting for us as we have already received from two local kaumatua hundreds of articles that have been religiously collected for the last 50 or so years. It is turning out to be a rather time consuming project, but we are applying for some funding through Archives New Zealand to keep the material in such a way that can be accessed by members here at the office, with the bigger picture plan being to digitise the material and make it available on our website.

Watch this space and in the meantime, here is an article we found that dates back to November 1985 when our own Leanne Kent won the Miss Otago contest.

- Na Justine Marshall



Miss Otago, Leanne Kent, leaves for Sydney today for a week-long modelling and grooming course at the exclusive June Daly-Watkins modelling agency. The course, part of her Miss Otago prize, will also help in the build-up to the Miss New Zealand contest to be held in Dunedin on February 23. Miss Kent (19), hopes the trip will also provide some hot fashion tips. However, the first stage of the course is the flight across the

Tasman — and as it will be Miss Kent's first time in an aeroplane, she is understandably a little nervous. She will return to Dunedin on January 19, and early in February she will fly to Auckland for 10 days of filming and rehearsals with the other Miss New Zealand contestants. The contestants will come to Dunedin on February 17 for some last minute practice before the big night on February 23.

PANUI

Recent Birthdays

Emaani Huitierangiora Parata Mullins	Nigel Preddy	26 June
4 on June 16.	Jack Preddy	29 June
Aroha Jardine	Tania Bungard	26 July
Brenda van Strik	James Bungard	4 July

Ngā Mate

Mary Ferrall-Heath

Tira Curtis

Eileen Duff

New Members in 2012

Janice Hikiwai	Timoti Gallagher	Benjamin Te Aika
Bronson Te Tau	Whakaohurangi Gallagher	Pauline Nicolson
Ronald Tahu Curtis	Mary-Ann Laidlaw	Treena Snell
Katarina Mei Harris	Neta Orr	Andrea Teremoana
Sarah Lauren Simpson	James Joice	Kari Teremoana
Ashley Louise Mavis Williams	Kerry McCabe	Cassandra Matthews Tayler
Chelsea Maria Donna Williams	Dianne Hicks	Tai Strange
Angeleau Simpson	Iwikau Te Aika	Norma Sizemore
	Te Waipunahau Te Aika	Vikki Cameron

General Notices

2013 Aoraki Bound dates:

- Sunday 3 – Friday 22 Kahuru (February)
- Sunday 3 – Friday 22 Kahuru-kai-paeke (March)

Ngāi Tahu Fund

Applications close Friday 28 September 2012. Call 0800 942 472 today and find out how to apply

Email: funds@ngaitahu.iwi.nz

Visit www.ngaitahufund.com

Ngāi Tahu Hui-ā-Iwi 2012

You will be aware that the 'Ngāi Tahu Hui-a-Iwi 2012' is happening in Christchurch from 23 November – 25 November at the Lincoln Events Centre. This is a fabulous festival which will be held every three years.

Kati Huirapa Runaka would ideally like to travel to Christchurch for this hui as a roopu, in which case we will hire a bus and share accommodation and kai. However, it will depend

on the response we get from those interested in attending. We would like to know what your thoughts are as to a 'shared vs individual experience' so if you wish to 'get on the waka' do let us know as soon as possible so we can make an informed decision about how we decide to proceed.

Detailed information about the Hui-a-Iwi has been published in the May edition of Te Panui Runaka (page 33) or you can go to www.ngaitahu.iwi.nz for the draft programme.

Ngāi Tahu Creation Story

We have a copy of this wonderful DVD in the office that was showcased at the Mo Tātou exhibition at Te Papa. If you wish to obtain a copy, simply send a blank DVD with case and a self-addressed envelope to Kati Huirapa Runaka, c/- Karitane Store, and I will make a copy and send it back to you.

A Message from the Retirement Commissioner

Kia ora koutou

At the Commission for Financial Literacy & Retirement Income, our vision is for all New Zealanders to be financially sorted.

Our mission is to improve New Zealanders' financial wellbeing throughout their lives and as such, we offer free, independent information, tools and resources for all Kiwis. The most well known of these is our website sorted.org.nz.

This month we're sending you a set of our free Sorted booklets in the post. Each booklet covers a different money topic – from setting goals and budgeting to investing and KiwiSaver. I encourage you to read them.

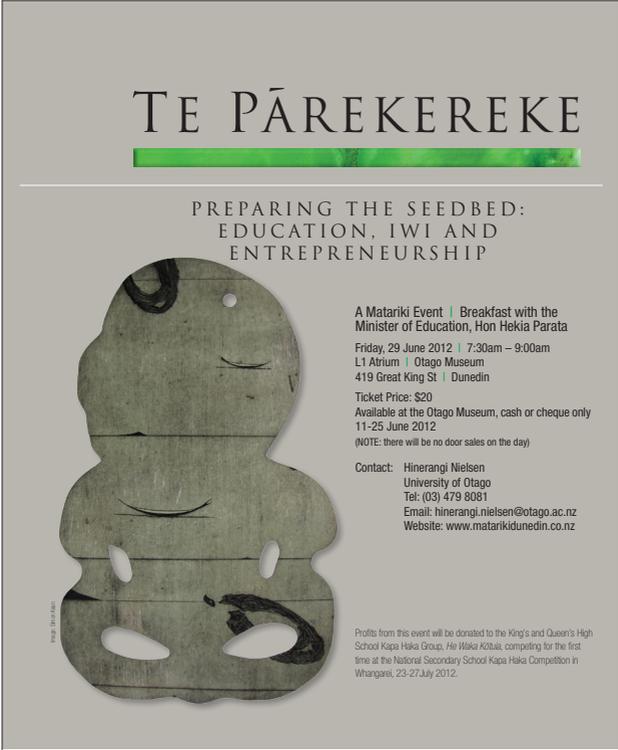
To be financially literate is to be able to make informed judgements and effective decisions regarding the use and management of money. At the Commission, we have a financial literacy strategy for Māori and one of your Runaka

members, Philip Broughton, is the project manager for implementing this strategy nationwide.

Philip is working with Māori in iwi, hapu, whānau and in workplaces (including unions), the social services, and tertiary and business sectors. A series of financial education projects have been developed as a consequence of Phil's work so far, including the decision to distribute these free Sorted booklets to you.

I hope you will find the booklets useful – whether for yourself, a family member or friend. If you have access to the internet and you haven't visited our Sorted website yet, then I encourage you to so. We've recently redeveloped it and the site is rich with information and tools to help you and your whānau to become financially sorted.

Nga mihi, Diana Crossan, Retirement Commissioner



The poster features a central image of a stylized Māori figure (Pārekereke) made of wood, with a green horizontal bar above it. The text is centered and reads: "TE PĀREKEREKE" in large letters, followed by "PREPARING THE SEEDBED: EDUCATION, IWI AND ENTREPRENEURSHIP". To the right of the figure, event details are listed: "A Matariki Event | Breakfast with the Minister of Education, Hon Hekia Parata", "Friday, 29 June 2012 | 7:30am – 9:00am", "L1 Atrium | Otago Museum", "419 Great King St | Dunedin", "Ticket Price: \$20", "Available at the Otago Museum, cash or cheque only 11-25 June 2012", "(NOTE: there will be no door sales on the day)", "Contact: Hinerangi Nielsen, University of Otago, Tel: (03) 479 8081, Email: hinerangi.nielsen@otago.ac.nz, Website: www.matarikidunedin.co.nz". At the bottom right, a note states: "Profits from this event will be donated to the King's and Queen's High School Kapa Haka Group, He Waka Kōhau, competing for the first time at the National Secondary School Kapa Haka Competition in Whangarei, 23-27 July 2012." The bottom of the poster contains logos for Otago University, Kāti Huirapa Rūnaka ki Pukitēhaki, KUMA, Otago Museum, and Southern Colour Print.