

CDEM Group 0800 numbers for essential supplies

0800 numbers have been set up if you are out of supplies and struggling to get basic food.

Essential household supplies

If you don't have the essentials you need to get through lockdown (such as food, over-the-counter medication or cleaning supplies), in the first instance please try calling a:

- neighbour
- family member who lives nearby
- friend who lives nearby
- or, check the availability for shopping online.

If these options are not available to you, then please call your local Civil Defence Emergency Management (CDEM) Group using the following 0800 numbers.

This service is intended for people and whānau who don't have any other options available to them.

The service operates seven days a week.

[Find your Civil Defence Emergency Management Group](#)

List updated 12 May 2020.

CDEM Group	
Marlborough	03 520 7400 welfare@marlboroughcdem.co.nz Open 9am-5pm weekdays
Nelson	0800 50 50 75 Open 8am-5pm weekdays
Canterbury	0800 24 24 11 Open 7am-5pm weekdays
West Coast	0800 800 545 Open 8am-5pm weekdays
Otago	0800 322 4000 Open 9am-5pm weekdays
Southland	0800 890127 Covid19@cdsouthland.nz Open 9am-5pm weekdays